

This newsletter and the Secondary Student Achievement Professional Learning and Development initiative is funded by the Ministry of Education. The providers are The University of Auckland and Te Tapuae o Rehua consortium.

# National Newsletter : Health and Physical Education

## Information and resources for middle leaders in secondary schools | Term 2 2015

Kia ora, talofa, welcome to the term 2 national Health, Physical Education and Home Economics newsletter 2015.

We have enjoyed working with many of you at our 'Strengthening the Foundations' workshops in term one. These workshops continue in some centres in early term two. See page 3 of this newsletter for enrolment information.

Ngā mihi nui

Shelley, Aaron and Rachael

### New Physical Education Performance Standards Guidelines:

Updated guidelines for assessing Physical Education 2.4 and 3.4: The two word documents were updated in late February and can be accessed from NZQA at:

<http://www.nzqa.govt.nz/assets/qualifications-and-standards/qualifications/ncea/NCEA-subject-resources/PE/Rubrics-L2.docx> and

<http://www.nzqa.govt.nz/assets/qualifications-and-standards/qualifications/ncea/NCEA-subject-resources/PE/Rubrics-L3.docx>

### Key updates:

The rubric templates have been altered with the intent of being more helpful for collecting evidence over time. The tough guy/gal times for Wellington have been removed due to change of course.

### For 91330 (2.4):

Changes have been made to archery, sailing, stand up paddle board (flat water), surfing, 400 metre swim and windsurfing.

### For 91501 (3.4):

Changes have been made to archery, sailing, stand up paddle board (flat course and surfing), surfing, 400m swim, touch, track cycling and windsurfing.

### Assessment resources for PE 91789 (3.9)

'A' and 'B' resources have recently been added to TKI. See:

<http://ncea.tki.org.nz/Resources-for-Internally-Assessed-Achievement-Standards/Health-and-physical-education/Physical-education/Level-3-Physical-education>

### Useful links

Salvation Army State of the Nation February 2015.

<http://www.salvationarmy.org.nz/sites/default/files/uploads/20150211SOTN2015%20update%20WEB.pdf>

Alcohol use 2012/2013: New Zealand Health Survey (MoH).

<http://www.health.govt.nz/publication/alcohol-use-2012-13-new-zealand-health-survey>

### Inclusion

Schools continue to work on developing inclusive practices for all students. A recent addition to resources that can support teachers to feel more confident and capable in this work is TKI's 'Guides for Inclusive Educators'. This site presents a range of resources for teachers, including a range of video clips demonstrating inclusive practice within a variety of school settings. See:

<http://inclusive.tki.org.nz/guides/developing-an-inclusive-classroom-culture/>

### Professional associations

PENZ, NZHEA and EONZ national conference is in Hamilton, 6-8 July. For information, see the PENZ website.

<http://www.penz.org.nz>

### NZHEA

<http://healtheducation.org.nz>

### HETTANZ

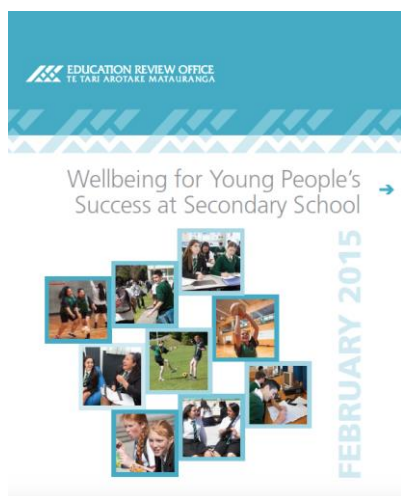
<http://www.hettanz.org.nz>

National AGM and conference day is on May 16, Papatoetoe High School.

## Wellbeing for Young People's Success at Secondary School

ERO has recently published a national report on their findings relating to 68 reviewed schools' promotion of, and response to, student wellbeing (with reference to the ERO wellbeing indicators published in draft form in 2014). Although linked to whole school support structures and well-being initiatives, policies and learning opportunities, the report has obvious, pertinent links to the Health and Physical Education learning area. Some key findings of note to teachers in HPE are:

- In many secondary schools the only people who understood the school curriculum and competing demands on them, were students.
- Students in all schools were experiencing an assessment driven curriculum and assessment anxiety.
- For most students, learning in Health Education ceased after year 10 and therefore they lacked opportunities to explore wellbeing themes in the senior school.
- Schools could use the wellbeing evaluation indicators (ERO, 2013) to develop a definition for student wellbeing and develop a framework to support all students.
- Students would benefit from schools/teachers: Involving them in the review of the learning and assessment opportunities in their school, connecting learning areas with sport, culture and leadership opportunities, engaging parents and whanau in decisions and reviewing their curriculum - in particular key competencies and the Health and Physical Education learning area.



A two page summary or the full report is available to download from: <http://www.ero.govt.nz/National-Reports/Wellbeing-for-Young-People-s-Success-at-Secondary-School-February-2015>

## Inclusive practices for students with special needs in schools

Another recent report from ERO is an evaluation of schools' inclusive practices for students with special education needs – those learners who need teaching adaptations and/or individual support to access the curriculum.

A two page summary or the full report are both available to download from: <http://ero.govt.nz/National-Reports/Inclusive-practices-for-students-with-special-needs-in-schools-March-2015/National-report-summary>

## NZQA

**Scholarship** Physical Education - additional information has been published at:

<http://www.nzqa.govt.nz/qualifications-standards/awards/new-zealand-scholarship/scholarship-subjects/scholarship-physical-education/>

The additional information is a 'report overview and sample topics' document as well as a mind map for planning purposes.

See the subject pages for moderator's newsletters and for a link to 'like' your subject(s) on **Facebook** to stay apprised of updates.



## Making assessor judgements Best Practice Workshops:

### Health and Physical Education

Auckland 15 September  
Wellington 17 November  
Christchurch 18 November

### Home Economics

Auckland 13 May  
Wellington 21 May  
Christchurch 22 May

For more information or to register, see:

<http://www.nzqa.govt.nz/about-us/events/best-practice-workshops/>

## TKI

NCEA:

<http://ncea.tki.org.nz/>

ESOL online:

<http://esolonline.tki.org.nz>

Secondary Literacy online:

<http://literacyonline.tki.org.nz/Literacy-Online/Secondary-Literacy>

Supporting learners with diverse needs:

<http://inclusive.tki.org.nz/>

## Supporting the teaching of alcohol and drug education

### Alcohol and other drug education programmes – guide for schools:

The Ministry of Education has recently published on TKI an updated guide for schools teaching alcohol and other drug education programmes. This is an informative read, with useful, practical advice for teachers and schools in engaging students in learning experiences that reflect the Health and Physical Education learning area and other aspects of The New Zealand Curriculum (2007). The guide informs teachers and schools about 'best practice' in relation to taking a 'whole school' approach, school policies, selecting programmes of learning and effective pedagogy.

Read the guide online, or download a word document here:

<http://health.tki.org.nz/Teaching-in-HPE/Policy-guidelines/Alcohol-and-other-drug-education-programmes>

### Matrix for Drug Education in schools:

Complementing the above-mentioned guide is the matrix of drug education learning outcomes, also available from TKI.

This valuable resource provides a framework that outlines the knowledge, understandings and skills that students should develop through learning at levels 1–8 (years 1–13) within the context of drug education.

The matrix of learning outcomes could be used by teachers to refine performance indicators for each level of the curriculum, as linked to drug education and the HPE achievement objectives.

Access the drug matrix from: <http://health.tki.org.nz/Media/Files/Final-matrix>

## Strengthening the foundations: HPE workshop

Term two workshops:

**Hamilton** (Health and Physical Education): May 1

**Hamilton** (Home Economics): April 30

**Whangarei**: May 14

To register: <http://nzcurriculum.tki.org.nz/Secondary-middle-leaders/Professional-learning-and-development/Workshops-for-middle-leaders/Northern-and-central-north/Health-and-physical-education>

**Nelson**: April 29

**Wellington** (Home Economics): May 5

**Wellington** (Health and PE): May 6

**Whanganui**: May 20

To register: <http://www.edplus.canterbury.ac.nz/courses/ssa-hpe.shtml>

## National newsletters

To download the latest newsletter or for more information about Ministry-funded professional development for secondary middle leaders, visit this page on TKI:

<http://nzcurriculum.tki.org.nz/Ministry-curriculum-guides/Secondary-middle-leaders/Professional-learning-and-development>

If you are receiving this newsletter in error or if you are aware of anyone whom you think would benefit from receiving it (particularly any new heads of department in your area) we would appreciate hearing from you.

Past newsletters can be accessed from:

<http://nzcurriculum.tki.org.nz/Secondary-middle-leaders/Professional-learning-and-development/E-newsletters>

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